



ANOKA-HENNEPIN
SCHOOLS
A future without limits

Anoka-Hennepin Physical Education



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PE I Standard 2

Benchmark 9.2.1.2:: Use movement concepts and principles, (force, motion, rotation) to analyze and improve performance for a self-selected skill.

	4	3	2	1
Court/ Field Movement	<ul style="list-style-type: none"> *Consistently moves quickly into different positions *Consistently moves quickly back to a neutral position *Consistently anticipates opponents moves 	<ul style="list-style-type: none"> *Sometimes moves quickly into different positions *Sometimes moves quickly back to a neutral position *Sometimes anticipates opponents moves 	<p>Student has a minimal understanding of basic concepts and vocabulary but has difficulty applying them in practice situations.</p>	<ul style="list-style-type: none"> *Never moves quickly into different positions *Never moves quickly back to a neutral position *Never anticipates opponents moves
Court/ Field Positioning	<ul style="list-style-type: none"> *Consistently remains in critical portions of the court. *Consistently recognizes when offensive and defensive positions should be assumed *Consistently attempts to move opponents from good court positioning 	<ul style="list-style-type: none"> *Remains in critical portions of the court most of the time *Recognizes when offensive and defensive positions should be assumed most of the time *Attempts to move opponents from good court positioning most of the time 	<p>Student has a minimal understanding of basic concepts and vocabulary but has difficulty applying them in practice situations.</p>	<ul style="list-style-type: none"> *Does not remain in critical portions of the court *Does not recognize when offensive and defensive positions should be assumed *Does not attempt to move opponents from good court positioning
Skills	<p>Student has a thorough understanding of concepts, vocabulary and strategies, and can apply them in game or competitive situations.</p>	<p>Student has understanding of concepts and vocabulary and can apply them in practice situations but has difficulty applying them in game or competitive situations</p>	<p>Student has a minimal understanding of basic concepts and vocabulary but has difficulty applying them in practice situations.</p>	<p>Minimal achievement with assistance from someone else</p>

