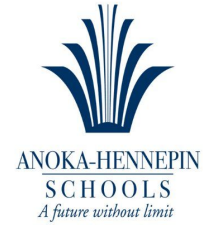




Anoka-Hennepin Physical Education



PE II Standard 3

Benchmark 9.3.1.3: Apply technology and social media as tools to support a healthy, active lifestyle.

	4	3	2	1
Apply technology and social media as tools to support a healthy, active lifestyle.	*Uses technology or fitness apps to track activity outside of the school day.	*Efficiently uses technology to measure fitness levels within a classroom setting. *Efficiently uses technology and or uses fitness apps to track progress.	*Using appropriate technology but only sparingly or not effectively. *Using technology and or fitness apps only sparingly. *Recognizes and recalls simple vocabulary	*Does not use technology or apps to measure or track fitness.