

# **Anoka Cross-Country Schedule 2019**

<b>August 12th</b>	<b>FIRST DAY OF PRACTICE @ Anoka High School</b>
<b>August 16th</b>	<b>AHS XC Alumni Time Trial @ Anoka High School</b>
<b>August 17th</b>	<b>Mill City Long Run (9:00am) @ Mill City Running, Minneapolis MN</b>
<b>August 29th</b>	<b>D11 Early Bird Invitational @ Anoka High School</b>
<b>September 6th</b>	<b>Cambridge-Isanti Invitational @ Isanti, MN</b>
<b>September 11th</b>	<b>Steve Hoag Invitational @ Anoka High School</b>
<b>September 16th</b>	<b>Park Center Invitational @ Central Park - Brooklyn Park, MN</b>
<b>September 21st</b>	<b>Milaca Mega Meet @ Stone's Throw Golf Course</b>
<b>September 26th</b>	<b>Buffalo Invitational (JV Only) @ Buffalo, MN</b>
<b>September 28th</b>	<b>Roy Griak Invitational (Varsity Only) @ Les Bolstad Golf Course (U of M)</b>
<b>October 10th</b>	<b>NWSC Championships @ Elk River Golf Club</b>
<b>October 16th</b>	<b>Time Trial (4:00pm) @ Greenhaven Golf Course (Anoka)</b>
<b>October 24th</b>	<b>Section 5AA Championships @ Anoka High School</b>
<b>November 2nd</b>	<b>MSHSL State CC Championships @ St. Olaf College</b>