



2013 Anoka Girl's Soccer,

We are greatly looking forward to the upcoming season and are excited to get to know all the players. Senior practices are optional, but it is to the players benefit to attend. Senior Practices are a good time to get to know other players and get ready for tryouts and the upcoming season. These days are also FUN, so try and attend if you can! We look forward to seeing the players there and working hard to benefit ourselves.

We will be holding Senior Practices from July 29-August 9. Practices will be held at the Grey Ghost fields by the high school. Please note these dates!

Remember to bring soccer equipment (cleats, shin guards, soccer ball), water, and running shoes EVERYDAY!

- Monday, July 29: 8:30-10 am
- Wednesday, July 31: 8:30-10 am
- Friday, August 2: 8:30-10 am
- Monday, August 5: 8:30-10:30 am
- Tuesday, August 6: 8:30-10:30 am
 1. We will be going to DQ this day.
 - a. **We will be taking the back roads to avoid traffic and ensure safety.**
 - b. **REMEMBER: Money and you can bring a bike, rollerblades, etc... or running shoes!**
- Wednesday, August 7: 8:30-10:30 am
- Thursday, August 8: 8:30-10:30 am
 1. WORLD CUP DAY!
 - a. **REMEMBER TO DRESS AS YOUR COUNTRY!**
- Friday, August 9: 8:30-10:30 am
 1. We will be getting cleared this day and going to Perkins!
 - a. We will meet in the parking lot outside the field house
 - b. **REMEMBER: paperwork to be cleared and money for Perkins!**
 - c. Rides will be provided to DQ by other players who can drive.

If there are any questions you can text or call:

Katie Verkuilen: (612) 247-9612

Brenna Giddings: (763) 274-9111

Booster Club Parents you can contact:

Jennifer Verkuilen: (612) 237-7415

Lisa Giddings: (763) 213-4537