

# St. Francis Cross Country Invitational

Thursday, September 14, 2017

Head coach: Becki Hanson

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<b>Race schedule:</b>	3:30	Middle school boys and girls	2600 meters
	3:50	Girls JV	5000 meters
	4:25	Girls varsity	5000 meters
	4:55	Boys varsity	5000 meters
	5:25	Boys JV	5000 meters

**TIMES ARE APPROXIMATE!** We will try to run ahead of schedule if possible! **The middle school race is reserved for athletes in grades 7 and 8 only. You may run up to 8 athletes in the varsity races.**

Please e-mail your line-up to me by 9:30 pm on Sunday, September 10, 2017. My e-mail address is [becki.hanson@isd15.org](mailto:becki.hanson@isd15.org) Please use an excel spreadsheet in the following format:

**Awards:** Awards through 10<sup>th</sup> place in JV and varsity and to 5<sup>th</sup> place in MS.

**Meet location:** The location of the meet is at the Ponds Golf Course which is located approximately  $\frac{3}{4}$  of a mile east of the High School. Parking is located on the north side of the road.

**Buses and parking:** Buses may drop athletes off on the south side, near the driving range, then need to go to the Legion to park. (Legion is just west of the Ponds). **NOTE:** Only one bus may drop off at a time due to space limitations. Spectators are asked to park in the lot on the north side of the road by the club house and use the tunnel to get to the meet. Please pass this information on to your spectators.

**\*\*\*PLEASE USE THE TUNNEL TO GET TO THE MEET LOCATION WHICH IS ON THE SOUTH SIDE OF THE ROAD.** The tunnel is located to the east of the clubhouse. There will be signs directing you to the tunnel from the parking lot.

**Please adhere to the following regarding the golf course:**

- Leave the golf course in the condition in which you find it
- Do not go on the greens, tee boxes, sand traps or in the water
- Stay out of the clubhouse
- No pets on the course

If you have questions, contact Becki Hanson at 763-213-8567 (w) or 612-327-9286 (cell), or the high school athletic office at 763-213-1508.