

Coon Rapids High School

2002 NWSC Track & Field Championship

Hy-Tek's MEET MANAGER

Coon Rapids High School - Monday 05/20/02 to Tuesday 05/21/02

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COMPLETE RESULTS - ALL ROUNDS

WOMEN'S TEAM SCORES: 1. Anoka, 164.50; 2. Coon Rapids, 131.50; 3. Elk River, 89.50; 4. Park Center, 78; 5. Maple Grove, 71; 6. Osseo, 64; 7. Blaine, 62; 8. Champlin Park, 36.50.

Event 1 Girls 3,200 Meter Run

* Conference: 10:50.45 Heidi Lindeman (Coon Rapids) 2002

Finals - Results - Monday 05/20/02

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
Section 1				
1	Amanda Simon	Park Center	12:49.61	
2	Steph Nelson	Park Center	13:02.57	
3	Stacie Holmgren	Blaine	13:04.10	
4	Libbie Sanders	Coon Rapids	13:19.25	
5	Nicole Dornfeld	Osseo	13:20.78	
6	Kristen Halet	Champlin Park	13:21.86	
7	Megan Austin	Anoka	13:37.53	
8	Emily Dubay	Coon Rapids	13:50.68	
9	Becky Hochstein	Maple Grove	13:52.48	
10	Megan Coyle	Maple Grove	13:55.00	
11	Amber Simmer	Champlin Park	14:12.46	
12	Laura Murphy	Blaine	14:21.87	
13	Ashley Stoffers	Elk River	14:45.98	
14	Alyssa Maurer	Champlin Park	15:04.55	
Section 2				
1	Heidi Lindeman	Coon Rapids	10:50.45 *	10
2	Lisa Waananen	Maple Grove	10:55.46	8
3	Nicole Olson	Elk River	11:28.79	6
4	Monica Moreland	Osseo	11:53.45	5
5	Diana Berlinerblau	Anoka	12:06.36	4
6	Emily Black	Blaine	12:06.43	3
7	Katlin Lindsey	Champlin Park	12:21.18	2
8	Sara Spaulding	Anoka	12:28.12	1
9	Megan Murlowski	Maple Grove	12:38.56	
10	Katie Frazer	Osseo	12:47.03	
11	Suzy Hallquist	Coon Rapids	12:54.71	
12	Emily Swanson	Osseo	13:50.43	
	- Angie Gray	Blaine	DNF	
	- Katie Ranallo	Elk River	DNF	

Event 3 Girls 100 Meter High Hurdles

* Conference: 14.99 Jen Albers (Coon Rapids) 2000

Preliminaries - Results - Monday 05/20/02

8 Advance: Top 1 Each Heat Plus Next 4 Best Times

PLACE	ATHLETE NAME	SCHOOL	TIME
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COMPLETE RESULTS - ALL ROUNDS

Event 3 Girls 100 Meter High Hurdles (Continued)

Preliminaries - Results - Monday 05/20/02

8 Advance: Top 1 Each Heat Plus Next 4 Best Times

PLACE PTS

PLACE	PTS	NAME	SCHOOL	TIME	PTS

Section 1					
1		Amanda Simon	Park Center	12:49.61	
2		Steph Nelson	Park Center	13:02.57	
3		Stacie Holmgren	Blaine	13:04.10	
4		Libbie Sanders	Coon Rapids	13:19.25	
5		Nicole Dornfeld	Osseo	13:20.78	
6		Kristan Halet	Champlin Park	13:21.86	
7		Megan Austin	Anoka	13:37.53	
8		Emily Dubay	Coon Rapids	13:50.68	
9		Becky Hochstein	Maple Grove	13:52.48	
10		Megan Coyle	Maple Grove	13:55.00	
11		Amber Simmer	Champlin Park	14:12.46	
12		Laura Murphy	Blaine	14:21.87	
13		Ashley Stoffers	Elk River	14:45.98	
14		Alyssa Maurer	Champlin Park	15:04.55	
Section 2					
1		Heidi Lindeman	Coon Rapids	10:50.45	* 10
2		Lisa Waananen	Maple Grove	10:55.46	8
3		Nicole Olson	Elk River	11:28.79	6
4		Monica Moreland	Osseo	11:53.45	5
5		Diana Berlinerblau	Anoka	12:06.36	4
6		Emily Black	Blaine	12:06.43	3
7		Katlin Lindsey	Champlin Park	12:21.18	2
8		Sara Spaulding	Anoka	12:28.12	1
9		Megan Murlowski	Maple Grove	12:38.56	
10		Katie Frazer	Osseo	12:47.03	
11		Suzy Hallquist	Coon Rapids	12:54.71	
12		Emily Swanson	Osseo	13:50.43	
		Angie Gray	Blaine	DNF	
		Katie Ranallo	Elk River	DNF	

Event 3 Girls 100 Meter High Hurdles

* Conference: 14.99 Jen Albers (Coon Rapids) 2000

Preliminaries - Results - Monday 05/20/02

8 Advance: Top 1 Each Heat Plus Next 4 Best Times

PLACE ATHLETE NAME

SCHOOL

TIME

Coon Rapids High School

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COMPLETE RESULTS - ALL ROUNDS

Event 3 Girls 100 Meter High Hurdles (Continued)

Preliminaries - Results - Monday 05/20/02
 8 Advance: Top 1 Each Heat Plus Next 4 Best Times

PLACE	ATHLETE NAME	SCHOOL	TIME
Heat 1			
1	Rachelle Dosch	Anoka	16.10
2	Julie Nuelk	Elk River	16.83
3	Angie Syvarson	Coon Rapids	18.02
4	Heidi Woerle	Coon Rapids	18.53
5	Karie Nelson	Maple Grove	18.97
6	Steph Jaeger	Champlin Park	21.12
Heat 2			
1	Molly Bauman	Coon Rapids	15.84
2	Megan Sullivan	Coon Rapids	17.04
3	Jenna Libersky	Osseo	17.57
4	Tesia Rawski	Blaine	18.34
5	Shandy Doten	Anoka	18.74
6	Amanda Murlowski	Maple Grove	19.04
7	Sara Murlowski	Maple Grove	19.18
Heat 3			
1	Katie Lien	Blaine	16.79
2	Jackie Thompson	Champlin Park	17.12
3	Allison DeGuise	Anoka	17.82
4	Brooke Zachman	Elk River	18.46
5	Jen Zbikowski	Maple Grove	19.12
6	Katie Lampi	Champlin Park	19.96
7	Jamie Lee	Park Center	21.54
Heat 4			
1	Sasha Gangl	Elk River	16.37
2	Andrea Hansen	Anoka	17.32
3	Karin Wallskog	Blaine	17.43
4	Katie Thran	Elk River	17.77
5	Pam Sellberg	Park Center	19.44
6	Lynsey Hoffman	Park Center	19.52
7	Bailey Rasmussen	Osseo	20.32

Finals - Results - Tuesday 05/21/02

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Molly Bauman	Coon Rapids	15.18	10
2	Rachelle Dosch	Anoka	15.41	8
3	Sasha Gangl	Elk River	15.64	6
4	Andrea Hansen	Anoka	16.08	5
5	Julie Nuelk	Elk River	16.55	4
6	Megan Sullivan	Coon Rapids	16.67	3
7	Jackie Thompson	Champlin Park	16.70	2
8	Katie Lien	Blaine	16.79	1

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COMPLETE RESULTS - ALL ROUNDS

Event 5 Girls 100 Meter Dash

* Conference: 12.34 Amber Affeldt (Coon Rapids) 1995

Preliminaries - Results - Monday 05/20/02
 Top 8 Advance By Time

PLACE	ATHLETE NAME	SCHOOL	TIME
Heat 1			
1	Melody DeLeon	Coon Rapids	12.82
2	Kim Saufl	Champlin Park	13.34
3	Serianne Williams	Anoka	13.40
4	Nkechi Alaike	Blaine	13.58
5	Amanda Fehringer	Coon Rapids	13.83
6	Angie Dahlheimer	Elk River	13.87
7	Olivia Geiser	Maple Grove	14.32
Heat 2			
1	Theresa Fritz	Anoka	12.89
2	Ada Ojiaku	Park Center	13.16
3	Rachelle Dosch	Anoka	13.32
4	Katie Hendrick	Anoka	13.39
5	Trishia Brostrom	Champlin Park	13.40
6	Charisse Stanek	Champlin Park	13.89
7	Kendal Beer	Elk River	14.12
Heat 3			
1	Laura Mottaz	Maple Grove	13.12
2	Haley Balcom	Elk River	13.29
3	Jessica Arne	Blaine	13.86
4	Cathleen Decker	Coon Rapids	14.16
5	Brianna Anderson	Osseo	14.36
6	Lis Hiestand	Maple Grove	14.52
7	Sharday Timm	Osseo	15.13
Heat 4			
1	Ashley Stuhr	Coon Rapids	12.97
2	Becca Price	Park Center	13.00
3	Katie Christensen	Elk River	13.83
4	Leah Gilseth	Champlin Park	13.85
5	Jenny Heiman	Blaine	14.07
6	Laura Lekander	Maple Grove	14.37
7	Sarah Hennem	Blaine	14.70
8	Becky Daugherty	Osseo	14.90

Finals - Results - Tuesday 05/21/02

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Becca Price	Park Center	12.74	10
2	Melody DeLeon	Coon Rapids	12.80	8
3	Theresa Fritz	Anoka	12.87	6
4	Laura Mottaz	Maple Grove	13.04	5
5	Haley Balcom	Elk River	13.20	4

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COMPLETE RESULTS - ALL ROUNDS

Event 5 Girls 100 Meter Dash (Continued)

Finals - Results - Tuesday 05/21/02

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
6	Ada Ojiaku	Park Center	13.24	3
7	Rachelle Dosch	Anoka	13.37	2

Event 7 Girls 400 Meter Dash

* Conference: 58.21 Amber Affeldt (Coon Rapids) 1994

Preliminaries - Results - Monday 05/20/02
 8 Advance: Top 1 Each Heat Plus Next 4 Best Times

PLACE	ATHLETE NAME	SCHOOL	TIME
Heat 1			
1	Kou Luogon	Park Center	59.22
2	Kayla Guthmiller	Elk River	1:04.33
3	Miranda Pogulis	Osseo	1:04.36
4	Jennifer Ranallo	Elk River	1:06.20
5	Molly Hoskins	Champlin Park	1:07.00
6	Caitlin Schwartz	Park Center	1:07.36
7	Kim Kelly	Anoka	1:10.37
Heat 2			
1	Laura Mottaz	Maple Grove	59.36
2	Gretchen Olson	Coon Rapids	1:01.50
3	Lai Faustina	Champlin Park	1:03.56
4	Nicole Bull	Blaine	1:05.57
5	Brittney Simmons	Park Center	1:06.84
6	Liz McIntosh	Osseo	1:07.84
7	Jeneen Anderson	Maple Grove	1:07.94
Heat 3			
1	Adi Luedtke	Anoka	1:00.34
2	Missy Discher	Anoka	1:03.38
3	Megan Sellheim	Elk River	1:04.01
4	Laura Lakander	Maple Grove	1:04.64
5	Carolyn Greseth	Blaine	1:06.65
6	Marissa Johnson	Champlin Park	1:07.58
Heat 4			
1	Kellie Mooney	Blaine	1:02.45
2	Nicole Zachman	Blaine	1:04.21
3	Christina Johnson	Coon Rapids	1:04.88
4	Brittani Gilbert	Elk River	1:05.25
5	Madison Jeglosky	Coon Rapids	1:08.42
6	Kelly Johnson	Osseo	1:12.41

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COMPLETE RESULTS - ALL ROUNDS

Event 7 Girls 400 Meter Dash

Finals - Results - Tuesday 05/21/02

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Kou Luogon	Park Center	58.46	10
2	Laura Mottaz	Maple Grove	59.13	8
3	Adi Luedtke	Anoka	59.76	6
4	Missy Discher	Anoka	1:02.33	5
5	Kellie Mooney	Blaine	1:02.90	4
6	Gretchen Olson	Coon Rapids	1:03.20	3
7	Lai Faustina	Champlin Park	1:04.23	2
8	Megan Sellheim	Elk River	1:04.37	1

Event 9 Girls 300 Meter Low Hurdles

* Conference: 45.13 Katie Bestul (Coon Rapids) 1996

Preliminaries - Results - Monday 05/20/02

8 Advance: Top 1 Each Heat Plus Next 4 Best Times

PLACE	ATHLETE NAME	SCHOOL	TIME
Heat 1			
1	Molly Bauman	Coon Rapids	46.07
2	Ashley Dillon	Coon Rapids	49.98
3	Angie Foschi	Anoka	51.04
4	Meghan Pumarlo	Park Center	55.11
5	Steph Jaeger	Champlin Park	55.28
6	Jackie Thompson	Champlin Park	59.62
-	Lindsey Green	Maple Grove	DQ
Heat 2			
1	Alissa Ochs	Osseo	48.24
2	Jennifer Clifford	Blaine	50.04
3	Brooke Zachman	Elk River	50.28
4	Katie Thran	Elk River	50.40
5	Karin Wallskog	Blaine	52.79
6	Allison DeGuise	Anoka	54.18
7	Bailey Rasmussen	Osseo	58.14
Heat 3			
1	Sasha Gangl	Elk River	48.08
2	Rebekah Kok	Anoka	50.15
3	Chelsea Eckberg	Coon Rapids	54.35
4	Katie Lampi	Champlin Park	55.25
5	Jessica Beaulieu	Park Center	58.55
-	Tesia Rawski	Blaine	DQ
Heat 4			
1	Katie Lien	Blaine	48.07
2	Katie Mendrick	Anoka	49.54
3	Jessica Ranallo	Elk River	52.28
4	Karla Nelson	Maple Grove	53.14

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COMPLETE RESULTS - ALL ROUNDS

Event 9 Girls 300 Meter Low Hurdles (Continued)

Preliminaries - Results - Monday 05/20/02

* Advance: Top 1 Each Heat Plus Next 4 Best Times

PLACE	ATHLETE NAME	SCHOOL	TIME
5	Jan Zbikowski	Maple Grove	54.91
6	Amanda Murlowski	Maple Grove	56.55
7	Heather Niedfeldt	Park Center	1:03.15
8	Jamie Schultz	Park Center	1:05.56

Finals - Results - Tuesday 05/21/02

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Molly Bauman	Coon Rapids	46.97	10
2	Alissa Ochs	Osseo	47.53	8
3	Sasha Gangl	Elk River	47.67	6
4	Katie Lien	Blaine	48.27	5
5	Rebekah Kok	Anoka	48.43	4
6	Katie Hendrick	Anoka	49.64	3
7	Ashley Dillon	Coon Rapids	51.00	2
8	Jennifer Clifford	Blaine	59.28	1

Event 11 Girls 800 Meter Run

* Conference: 2:18.72 Megan Manthe (Anoka) 2000

Preliminaries - Results - Monday 05/20/02

12 Advance: Top 3 Each Heat Plus Next 3 Best Times

PLACE	ATHLETE NAME	SCHOOL	TIME
Heat 1			
1	Alissa Kurke	Anoka	2:22.92
2	Alyssa Wendt	Anoka	2:23.92
3	Nikki Marvin	Maple Grove	2:28.92
4	Kelsi Scheer	Champlin Park	2:30.06
5	Tera Dornfeld	Osseo	2:33.76
6	Jessica Moll	Park Center	2:34.16
7	Heather Fischer	Blaine	2:37.80
8	Amy Sampson	Champlin Park	2:40.67
9	Sara Vold	Maple Grove	2:47.87
10	Brianna Spahn	Park Center	2:48.91
Heat 2			
1	Tegan Moehn	Osseo	2:26.48
2	Katie Anderson	Blaine	2:26.54
3	Katie Holschbach	Blaine	2:28.74
4	Brianna McGill	Osseo	2:29.18
5	Jodi Kirk	Elk River	2:32.55
6	Jessica Lorenz	Elk River	2:32.75

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COMPLETE RESULTS - ALL ROUNDS

Event 11 Girls 800 Meter Run (Continued)

Preliminaries - Results - Monday 05/20/02

12 Advance: Top 3 Each Heat Plus Next 3 Best Times

PLACE	ATHLETE NAME	SCHOOL	TIME
7	Alison Kosir	Blaine	2:39.32
8	Carrie Howg	Elk River	2:39.84
9	Jenny Payne	Park Center	2:43.38
10	Emily Novak	Coon Rapids	2:45.36
11	Leah Swenson	Maple Grove	2:46.66
Heat 3			
1	Anna Beich	Anoka	2:24.45
2	Kelly Hyvarre	Coon Rapids	2:27.83
3	Nancy Caldwell	Coon Rapids	2:28.33
4	Katie McGill	Osseo	2:28.93
5	Lindsay Bacigalupo	Anoka	2:31.36
6	Nicole Lunde	Coon Rapids	2:32.20
7	Caroline Magnuson	Champlin Park	2:33.30
8	Renee Houser	Elk River	2:34.56
9	Susan Mainquist	Maple Grove	2:48.35
10	Christina Egnell	Park Center	2:52.75

Finals - Results - Tuesday 05/21/02

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Alissa Kurke	Anoka	2:21.80	10
2	Tegan Moehn	Osseo	2:22.80	8
3	Katie Anderson	Blaine	2:24.70	6
4	Alyssa Wendt	Anoka	2:24.72	5
5	Katie McGill	Osseo	2:25.83	4
6	Anna Beich	Anoka	2:27.77	3
7	Kelly Hyvarre	Coon Rapids	2:30.81	2
8	Katie Holschbach	Blaine	2:32.98	1
9	Brianna McGill	Osseo	2:33.88	
10	Nikki Marvin	Maple Grove	2:34.71	
11	Nancy Caldwell	Coon Rapids	2:38.18	
12	Kelsi Scheer	Champlin Park	2:39.35	

Event 13 Girls 200 Meter Dash

* Conference: 25.45 Sarah Mismash (Elk River) 1997

Preliminaries - Results - Monday 05/20/02

8 Advance: Top 1 Each Heat Plus Next 4 Best Times

PLACE	ATHLETE NAME	SCHOOL	TIME
Heat 1			
1	Melody DeLeon	Coon Rapids	25.91

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COMPLETE RESULTS - ALL ROUNDS

Event 13 Girls 200 Meter Dash (Continued)

Preliminaries - Results - Monday 05/20/02
 8 Advance: Top 1 Each Heat Plus Next 4 Best Times

PLACE	ATHLETE NAME	SCHOOL	TIME
2	Trishia Brostrom	Champlin Park	27.68
3	Nkechi Alaike	Blaine	27.95
4	Nicole Zachman	Blaine	28.11
5	Rebekah Kok	Anoka	28.31
6	Vanessa Dehn	Elk River	29.28
Heat 2			
1	Laura Mottaz	Maple Grove	26.31
2	Serianne Williams	Anoka	27.01
3	Sheri Netland	Coon Rapids	27.10
4	Ada Ojiaku	Park Center	27.78
5	Emily Schlough	Anoka	27.98
6	Brianna Anderson	Osseo	29.45
7	Olivia Geiser	Maple Grove	29.58
Heat 3			
1	Kou Luogon	Park Center	25.84
2	Becca Price	Park Center	26.34
3	Jenny Flavin	Blaine	27.64
4	Linda Nguyen	Champlin Park	28.78
5	Kayla Guthmiller	Elk River	28.98
6	Amanda Johnson	Maple Grove	29.74
7	Jennifer Ranallo	Elk River	30.54
8	Liz McIntosh	Osseo	31.04
Heat 4			
1	Brooke Hanssen	Coon Rapids	26.94
2	Kellie Mooney	Blaine	27.20
3	Beatrice Gilbert	Champlin Park	27.80
4	Charisse Stanek	Champlin Park	29.01
5	Angie Dahlheimer	Elk River	29.24
6	Sarah Spaanem	Maple Grove	30.34

Finals - Results - Tuesday 05/21/02

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Kou Luogon	Park Center	26.23	10
2	Melody DeLeon	Coon Rapids	26.26	8
3	Laura Mottaz	Maple Grove	26.59	6
4	Becca Price	Park Center	26.73	5
5	Brooke Hanssen	Coon Rapids	27.09	4
6	Sheri Netland	Coon Rapids	27.13	3
7	Serianne Williams	Anoka	27.37	2
8	Kellie Mooney	Blaine	27.89	1

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COMPLETE RESULTS - ALL ROUNDS

Event 17 Girls 4x800 Meter Relay

* Conference: 9:58.08 Coon Rapids 1997

Finals - Results - Tuesday 05/21/02

PLACE	RELAY	AFFILIATION	TIME	PTS
1	A	Anoka	9:49.35 *	10
2	O	Osseo	9:56.70 *	8
3	CR	Coon Rapids	10:08.37	6
4	ER	Elk River	10:34.80	5
5	CP	Champlin Park	10:37.47	4
6	MG	Maple Grove	11:05.66	3
7	B	Blaine	11:05.80	2

Event 19 Girls 4x200 Meter Relay

* Conference: 1:44.11 Coon Rapids 1994

Finals - Results - Tuesday 05/21/02

PLACE	RELAY	AFFILIATION	TIME	PTS
1	CR	Coon Rapids	1:44.76	10
2	A	Anoka	1:48.73	8
3	B	Blaine	1:49.26	6
4	ER	Elk River	1:50.80	5
5	CP	Champlin Park	1:54.03	4
6	PC	Park Center	1:56.77	3
7	O	Osseo	1:58.20	2
8	MG	Maple Grove	1:58.84	

Event 21 Girls 1,600 Meter Run

* Conference: 5:19.30 Heather Anderson (Osseo) 1994

Finals - Results - Tuesday 05/21/02

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
Section 1				
1	Megan Murlowski	Maple Grove	5:54.37	
2	Kate Reins	Osseo	5:54.71	
3	Steph Nelson	Park Center	6:03.78	
4	Ashley Cooper	Elk River	6:07.32	
5	Kristen Halet	Champlin Park	6:08.05	
6	Ashley Nelson	Blaine	6:13.36	
7	Kierstan Peck	Coon Rapids	6:13.59	
8	Maddie Peck	Coon Rapids	6:13.73	
9	Libbia Sanders	Coon Rapids	6:13.79	
10	Emily Swanson	Osseo	6:16.73	

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COMPLETE RESULTS - ALL ROUNDS

Event 21 Girls 1,600 Meter Run (Continued)

Finals - Results - Tuesday 05/21/02

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
11	Carla Steinbring	Champlin Park	6:27.17	
12	Erin Frederickson	Park Center	6:28.24	
13	Amber Simmer	Champlin Park	6:34.85	
14	Megan Coyle	Maple Grove	6:36.68	
15	Megan Peterson	Park Center	6:41.59	
Section 2				
1	Heidi Lindeman	Coon Rapids	5:10.49	* 10
2	Lisa Waananen	Maple Grove	5:12.15	* 8
3	Katie Anderson	Blaine	5:22.26	6
4	Sara Frederickson	Elk River	5:24.17	5
5	Nicole Olson	Elk River	5:29.47	4
6	Emily Black	Blaine	5:30.61	3
7	Katlin Lindsey	Champlin Park	5:31.57	2
8	Monica Moreland	Osseo	5:35.21	1
9	Lindsay Bacigalupo	Anoka	5:41.42	
10	Diana Berlinerblau	Anoka	5:44.02	
10	Katie Holschbach	Blaine	5:44.02	
12	Katie Ranallo	Elk River	5:49.36	
13	Katie Frazer	Osseo	5:50.09	
14	Amanda Simon	Park Center	5:50.93	
15	Sara Spaulding	Anoka	5:50.96	
16	Heidi Stangl	Anoka	5:54.06	

Event 23 Girls 4x100 Meter Relay

* Conference: 50.62 Champlin Park 1995

Finals - Results - Tuesday 05/21/02

PLACE	RELAY	AFFILIATION	TIME	PTS
1	A	Anoka	50.18	* 10
2	PC	Park Center	50.38	* 8
3	ER	Elk River	51.52	6
4	CR	Coon Rapids	52.05	5
5	B	Blaine	52.08	4
6	CP	Champlin Park	53.15	3
7	MG	Maple Grove	54.65	2

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COMPLETE RESULTS - ALL ROUNDS

Event 25 Girls 4x400 Meter Relay

* Conference: 4:03.17 Elk River 1996

Finals - Results - Tuesday 05/21/02

PLACE	RELAY	AFFILIATION	TIME	PTS
1	A	Anoka	4:05.68	10
2	CR	Coon Rapids	4:14.59	8
3	ER	Elk River	4:20.96	6
4	B	Blaine	4:23.93	5
5	MG	Maple Grove	4:25.57	4
6	O	Osseo	4:27.07	3
7	CP	Champlin Park	4:31.54	2
8	PC	Park Center	4:43.02	

Event 27 Girls Triple Jump

* Conference: 38'01.00" Kou Luogon (Park Center) 2002

Finals - Results - Monday 05/20/02

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
1	Kou Luogon	Park Center	38'01.00" *	10
2	Alissa Ochs	Osseo	36'10.00"	8
3	Carrie Hanners	Maple Grove	34'09.50"	6
4	Megan Sellheim	Elk River	33'08.50"	5
5	Andrea Hansen	Anoka	33'06.50"	4
6	Jenny Jung	Coon Rapids	33'04.00"	3
7	Emily Schlough	Anoka	33'01.00"	2
8	Holly Price	Osseo	32'03.00"	1
9	Vanessa Dehn	Elk River	32'00.50"	
10	Jolene Dale	Anoka	32'00.00"	
11	Leah Gilseth	Champlin Park	31'11.50"	
12	Melissa Gotchnik	Champlin Park	31'10.00"	
12	Lis Hiestand	Maple Grove	31'10.00"	
14	Nicole Bull	Blaine	31'05.00"	
15	Christa Jung	Coon Rapids	31'03.00"	
16	Heidi Woerle	Coon Rapids	31'01.50"	
17	Jenny Charboneau	Blaine	31'00.50"	
17	Amy Sampson	Champlin Park	31'00.50"	
19	Becky Johnson	Coon Rapids	31'00.00"	
19	Melisa Smith	Elk River	31'00.00"	
21	Jenny Haak	Maple Grove	30'11.00"	
22	Angie Busch	Maple Grove	30'10.50"	
23	Ashley Duggan	Blaine	30'09.50"	
24	Kendal Beer	Elk River	30'08.00"	
25	Becky Walber	Champlin Park	29'09.00"	
25	Kristin Lokken	Anoka	29'09.00"	
27	Angela Mooney	Osseo	29'07.50"	

Coon Rapids High School

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COMPLETE RESULTS - ALL ROUNDS

Event 27 Girls Triple Jump (Continued)

Finals - Results - Monday 05/20/02

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
28	Cassie Gimler	Osseo	29'07.00"	==
29	Krista Holmgren	Blaine	29'05.50"	
30	Theresa Dorsey	Park Center	27'08.00"	
31	Caitlin Schwartz	Park Center	27'04.00"	

Event 29 Girls Discus Throw

* Conference: 133'04.00" Jessica Stephan (Blaine) 2000

Finals - Results - Monday 05/20/02

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
Flight 1				
1	Abby White	Coon Rapids	84'02.00"	
2	Mandi Ziese	Elk River	77'11.00"	
3	Sharday Tamm	Osseo	76'04.00"	
4	Kelsey Bjornson	Elk River	75'03.00"	
5	Chelsea Becker	Maple Grove	73'05.00"	
6	Jennie Helmeke	Maple Grove	68'08.00"	
Flight 2				
1	Kristy Wheeler	Anoka	81'07.00"	
2	Sherryse Mayo	Elk River	81'03.00"	
3	Lauren Ringe	Maple Grove	79'01.00"	
4	Brie Hazelton	Osseo	78'06.00"	
5	Jackie Jones	Osseo	78'02.00"	
6	Lindsey Renstrom	Maple Grove	74'09.00"	
7	Rachel Gammelgaard	Osseo	72'01.00"	
8	Cassie Corigan	Coon Rapids	71'10.00"	
Flight 3				
1	Jennifer Miller	Champlin Park	112'08.00"	8
2	Jackie Funfar	Coon Rapids	98'05.00"	2
3	Krystle Tuma	Champlin Park	97'05.00"	
4	Meigan Holm	Anoka	91'08.00"	1
5	Vannessa Zamzow	Park Center	87'05.00"	
6	Stephanie Ayers	Champlin Park	85'00.00"	
7	Sarah Yellen	Champlin Park	79'09.00"	
8	Haley Christofferson	Blaine	76'02.00"	
Flight 4				
1	Patty Grussing	Anoka	113'06.00"	10
2	Jackie Lehman	Coon Rapids	110'10.00"	6
3	Jessica Smith	Anoka	106'08.00"	5
4	Heather Sublet	Park Center	105'07.00"	4
5	Julie Worneke	Elk River	101'11.00"	3
6	Megan Hallowell	Blaine	89'08.00"	
7	Abbey Larson	Blaine	88'09.00"	

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COMPLETE RESULTS - ALL ROUNDS

Event 29 Girls Discus Throw (Continued)

Finals - Results - Monday 05/20/02

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
8	Amanda Eichhorn	Blaine	70'01.00"	

Event 31 Girls High Jump

* Conference: 5'08.00" Gina Curtis (Park Center) 1996

Finals - Results - Monday 05/20/02

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
1	Andrea Hansen	Anoka	5'02.00"	10
2	Ada Ojiaku	Park Center	5'02.00"	8
3	Jenna Brennan	Maple Grove	5'00.00"	6
4	Holly Price	Osseo	5'00.00"	5
5	Breanna Rapacz	Coon Rapids	5'00.00"	4
6	Sheri Netland	Coon Rapids	4'10.00"	2
6	Sasha Gangl	Elk River	4'10.00"	2
6	Alissa Ochs	Osseo	4'10.00"	2
9	Sarah DeRoo	Maple Grove	4'10.00"	
10	Chelsea Warren	Maple Grove	4'10.00"	
11	Leah Gilseth	Champlin Park	4'10.00"	
12	Jamie Mulvaney	Elk River	4'10.00"	
13	Sarah Long	Osseo	4'10.00"	
14	Brittney Simmons	Park Center	4'10.00"	
15	Jenny Jung	Coon Rapids	4'10.00"	
16	Emily Gerster	Anoka	4'10.00"	
17	Heather Murphy	Elk River	4'08.00"	
17	Nicole Larson	Champlin Park	4'08.00"	
17	Sarah Plath	Blaine	4'08.00"	
17	Mandi Kruger	Elk River	4'08.00"	
17	Beckah DeLeon	Coon Rapids	4'08.00"	
22	Ashland Sather	Maple Grove	4'06.00"	
22	JoCee Walberg	Blaine	4'06.00"	
22	Lauren Benolkin	Anoka	4'06.00"	
25	Sarah Osborne	Blaine	4'04.00"	
25	Cassie Gimler	Osseo	4'04.00"	
25	Angie Foschi	Anoka	4'04.00"	
25	Linda Nguyen	Champlin Park	4'04.00"	
-	Amber Statz	Blaine		NH
-	Janna Beckman	Park Center		NH
-	Jenna Robinson	Park Center		NH

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COMPLETE RESULTS - ALL ROUNDS

Event 34 Girls Shot Put

* Conference: 43'01.00" Trisha Curtis (Coon Rapids) 1997

Finals - Results - Tuesday 05/21/02

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
Flight 1				
1	Kelsey Bjornson	Elk River	28'09.25"	
2	Andrea Winterhalter	Coon Rapids	27'07.50"	
3	Angie Dahlheimer	Elk River	26'01.25"	
4	Kelci Eberle	Maple Grove	25'09.00"	
5	Stacia Krafve	Maple Grove	25'06.75"	
6	Noel Otten	Maple Grove	25'00.00"	
7	Stacy McGill	Park Center	23'08.25"	
Flight 2				
1	Sam Lucas	Anoka	29'10.50"	
2	Mandi Ziese	Elk River	28'07.00"	
3	Stephanie Ayers	Champlin Park	27'11.00"	
4	Rachel Gammelgaard	Osseo	27'06.75"	
5	Sarah Yellen	Champlin Park	27'04.50"	
6	Megan Caldwell	Coon Rapids	26'07.75"	
7	Krystle Tuma	Champlin Park	24'08.00"	
8	Rachel Wegner	Maple Grove	23'05.50"	
Flight 3				
1	Anna Kingman	Blaine	33'10.75"	2
2	Racheal Busick	Osseo	32'06.75"	1
3	Abbey Larson	Blaine	32'04.75"	
4	Angela Mooney	Osseo	31'10.50"	
5	Jennifer Miller	Champlin Park	31'09.75"	
6	Vannessa Zamzow	Park Center	31'07.75"	
7	Jenny Smith	Anoka	30'07.75"	
8	Jackie Jones	Osseo	28'01.00"	
Flight 4				
1	Patty Grussing	Anoka	40'00.50"	10
2	Julie Worneke	Elk River	39'01.00"	8
3	Jackie Lehman	Coon Rapids	36'05.50"	6
4	Jenny Charboneau	Blaine	34'06.50"	5
5	Natalie Hansen	Coon Rapids	34'04.75"	4
6	Heather Sublet	Park Center	34'04.25"	3
7	Jessica Smith	Anoka	32'04.00"	
8	Jenna Bettmann	Blaine	28'03.25"	

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COMPLETE RESULTS - ALL ROUNDS

Event 36 Girls Long Jump

* Conference: 18'00.00" Leah Herrboldt (Elk River) 2001

Finals - Results - Tuesday 05/21/02

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
1	Missy Discher	Anoka	15'11.75"	10
2	Alissa Ochs	Osseo	15'11.25"	8
3	Andrea Hansen	Anoka	15'08.00"	6
4	Sarah DeRoo	Maple Grove	15'05.50"	5
5	Jenna Robinson	Park Center	15'03.25"	4
6	Rachelle Dosch	Anoka	15'02.75"	3
7	Beatrice Gilbert	Champlin Park	15'02.50"	1.50
7	Kandal Beer	Elk River	15'02.50"	1.50
9	Molly Bauman	Coon Rapids	15'01.50"	
10	Melissa Gotchnik	Champlin Park	14'11.00"	
10	Pam Sellberg	Park Center	14'11.00"	
12	Holly Price	Osseo	14'05.50"	
13	Chelsea Warren	Maple Grove	14'05.00"	
14	Jolene Dale	Anoka	14'01.50"	
15	Nicole Bull	Blaine	14'01.25"	
16	Melody DeLeon	Coon Rapids	13'11.25"	
17	Megan Sellheim	Elk River	13'09.25"	
18	Becca Price	Park Center	13'07.25"	
19	JoCee Walberg	Blaine	13'07.00"	
20	Sarah Long	Osseo	13'05.75"	
21	Nicole Olheiser	Blaine	13'05.00"	
22	Jenny Charboneau	Blaine	13'04.75"	
23	Anna Loch	Elk River	13'01.00"	
24	Amy Henseler	Maple Grove	12'10.25"	
25	Vanessa Dehn	Elk River	12'07.00"	

Event 38 Girls Pole Vault

* Conference: 10'09.00" Shannon Jackson (Anoka) 2000

Finals - Results - Tuesday 05/21/02

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
Flight 1				
1	Jenny Heiman	Blaine	9'06.00"	7
1	Natalie Hanson	Elk River	9'06.00"	7
3	Kim Saufl	Champlin Park	9'00.00"	5
4	Madeline Williams	Elk River	9'00.00"	4
5	Kristi Hendrickson	Anoka	8'06.00"	2.50
5	Emily Welker	Coon Rapids	8'06.00"	2.50
7	Erica Leyer	Elk River	8'06.00"	1
8	Amber Statz	Blaine	8'00.00"	
8	Kristi Shasky	Anoka	8'00.00"	

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COMPLETE RESULTS - ALL ROUNDS

Event 38 Girls Pole Vault (Continued)

Finals - Results - Tuesday 05/21/02

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
8	Tracy Nelson	Coon Rapids	8'00.00"	---
8	Ginger Sanner	Anoka	8'00.00"	
12	Elise Wahlgren	Anoka	7'06.00"	
12	McKenzie Herges	Blaine	7'06.00"	
14	Carrie Kohanck	Coon Rapids	7'00.00"	
14	Austin Voltin	Blaine	7'00.00"	
16	Becky Clark	Champlin Park	6'00.00"	
16	Pam Sellberg	Park Center	6'00.00"	
16	Jessica Beaulieu	Park Center	6'00.00"	
16	Heather Norton	Champlin Park	6'00.00"	
16	Jennifer Ranallo	Elk River	6'00.00"	
-	Janeen Carroll	Park Center		NH
	Flight 2			
1	Carrie Hinners	Maple Grove	10'00.00"	10
2	Liz Sawicky	Champlin Park	6'00.00"	
-	Andrea Blenkheim	Maple Grove		NH
-	Lauren Coss	Maple Grove		NH
-	Rachel See	Maple Grove		NH