

## Blaine Girls Top Ten Relay Performances

### **4x100 Relay**

1. 48.85      Nebo, Monteon, Purcell, Morgan-2013\*
- 2. 49.53      Obwogi, Carson, Stoy, Scales-17**
3. 49.86      Nelson, Bair, Pawlik, Murphey-10
4. 50.07      Nebo, Stoy, K. Marciniak, Morgan-15
5. 50.3        Marin, Westman, Grad, Martin-81
6. 50.42      Nebo, Thompson, Mahoney, Morgan-12
7. 50.97      Nebo, Stoy, K. Marciniak, Lindsey-15
8. 51.14      Nebo, Monteon, Mahoney, Morgan-12  
                 K.Marciniak, L.Marciniak, Kiefner, Nebo-14
9. 51.16      Lange, Hillyard, Stasik, Lambert-91
10. 51.3       Lange, Hillyard, Okronglis, Kindt-93

### **4x200 Relay**

1. 1:42.14    Nebo, Lindsey, K. Marciniak, Morgan-15
2. 1:42.32    Marciniak, Monteon, Purcell, Morgan-13
3. 1:42.86    Falck, Monteon, Purcell, Morgan-12
4. 1:43.52    Falck, Lachinski, Purcell, Morgan-12
5. 1:45.32    Lachinski, Monteon, Purcell, Morgan -13
- 6. 1:45.40    Scales, Carson, Valnes, Mbanefo-17**
6. 1:45.75    Stoy, Lindsey, K. Marciniak, Lindsey-15
7. 1:45.97    Hawkins, Osborne, Pawlik, Murphey-09
8. 1:46        Jacobsz, Sheffer, Sharpe, Becker-78
9. 1:46.23    Lachinski, Monteon, Marciniak, Morgan-13
10. 1:46.83   Alaike, Zachman, Olheiser. Church-04

### **4x400 Relay**

1. 4:05.78 Mahoney, Fleek, Stratton, Lindsey-2014\*
2. 4:05 Hofschild, Brevig, Bradley, Arzdorf-87
3. 4:06.29 Brunik, Holschbach, Daleiden, Woods-07
4. 4:07.27 Falck, Stratton, Pafko, Davis-12
5. 4:07.29 Falck, Neubauer, Eggerich, Lachinski-11
6. 4:07.65 Mahoney, Stratton, Fleek, Lindsey-14
7. 4:07.97 K.Holschbach, E.Hennum, A.Pafko, Daleiden-06
8. 4:08.84 Zachman, Anderson, Lien, Mooney-03
9. 4:10 Rainville, Hoium, M. White, Lambert-90  
Holschbach, Nuebauer, Murphey, Pafko-08
10. 4:10.79 Falck, Stratton, Pafko, Lachinski-12

### **4x800 Relay**

1. 9:28.72 Daleiden, Anderson, Olheiser, Holschbach-2004\*
2. 9:40.1 Kimball, Funk, Ritchot, Remme-81
3. 9:51.01 A. Shepard, Brown, Stratton, Peterson-14
4. 9:53.43 Skogerboe, Adams, Grant, Behun-95
5. **9:54.29 Lewis, Schmidt, Gislason, Brown-17**
6. 9:56.37 Shepard, Fleek, Lewis, Brown-16
7. 9:58.16 Osmundson, Behun, Adams, Skogerboe-94
8. 10:00.53 Jerke, Skogerboe, Grant, Behun-96
9. 10:03.15 L.Mickelson, Huver, Shepard, Brown-15
10. 10:03.46 Lewis, Shepard, Lindsey, Brown-16

### **4x100 Hurdle Relay**

1. 1:09.69 Woods, Brunik, Bair, Hofflander-07
2. 1:10.23 Bair, Ohmann, Young, Bostrum-10
3. 1:10.33 Lien, Wallskog, Rawski, Spence-02
4. 1:10.5 Lien, Gunderson, Walskog, Truchon-01
5. 1:10.62 Jacobson, -16
6. 1:10.99 A.Williams, Jacobson, M. Shepard, Ciesynski-14
7. 1:11.02 Woods, Dahlberg, Hofflander, M. Brunik-06
- 8. 1:11.36 Jacobson, Demirovich, Kendrick, M.Williams-17**
7. 1:11.66 Woods, Dombek, Soderberg, Magnuson-05
8. 1:11.69 Bair, A. Young, Ohmann, Bostrom-09
9. 1:11.8 Spelbrink, Rawski, Nowak, Truchon-99

### **4x300 Hurdle Relay**

- 1. 2:11.97 A. Williams, Demirovich, Baurr, M. Miller-17**
2. 2:13.85 Demirovich, Mahoney, Jacobson, Conlee-16
3. 2:17.9 Williams, Ciesynski, Jacobson, A. Mahoney-14
4. 3:20.6 Woods, Brunik, R. Young, Bair-07
5. 3:23.1 Woods, K.Holschbach, J.Pafko, Dahlberg-06
6. 3:26.7 Woods,Clifford,Lekson,Zachman-04
7. 3:29.6 Aune, Lowinske, Rawski, Nordby-97
8. 3:29.89 Williams, Shepard, Meade, Nebo-12
9. 3:30.65 Bair, R. Young, A. Young, Husinga-08
10. 3:33.01 Lien, T.Rawski, Clifford, Wallskog-02

### **1600 Sprint Medley Relay**

1. 4:21.01 Alaike, N. Olheiser, H. Olheiser, Anderson-04
2. 4:30.04 Arne, Flavin, Mooney, Anderson-02
3. 4:30.13 Arford, A. Pafko, Akaka, Daleiden-05
4. 4:31.35 McGrath, Falck, Lachinski, Hockert-11
5. 4:31.9 O'Connor, A. Suda, Daleiden, Pafko-07
6. 4:33 Kuehn, Larsen, Aune, Skogerboe-97
7. 4:34.6 Briant, Suda, Bender, A.Pafko-06
8. 4:35.71 Pawlik, Murphey, Lachinski, Harper-10
9. 4:41.99 -16
9. 4:42.07 Pawlik, Osborne, Heyl, Holschbach-09

### **800 Medley Relay**

1. 1:53.22 -16
2. 1:54.54 Nebo, Stoy, Morgan, Stratton-15
- 3. 1:55.68 Stoy, Carson, Valnes, Schmidt-17**
4. 1:55.7 Heiman, Arne, Alaike, Mooney-03
5. 1:55.77 Mosley, Hawkins, Holschbach, Murphey-09
6. 1:56.72 Monteon, Purcell, Morgan, Lachinski-12
7. 1:56.93 French, Stasik, Rainville, Stein-90
8. 1:57.7 Lowinske, Thomas, Lindsey, Skogerboe-97
9. 1:58.05 R. Young, Hawkins, Murphey, Pafko-08
10. 1:58.08 Nelson, Mosley, Lachinski, Neubauer-10

### **4x1600 Meter Relay**

1. 22:57 D. Peterson, Olson, A. Shepard, Brown-14
2. 23:03 Kosir, Anderson, Limberg, Drouin-04
3. 23:20 Holschbach, Kosir, Anderson, Murphy-03
- 4. 23:31.84 Olson, E. Mickelson, Bohlman, Hanson -17**
5. 23:41 Olson, E. Mickelson, Durand, Brown-15
6. 23:56.59 -16
7. 24:06 Holschbach, Gray, Anderson, Black-02
8. 24:07 Hereid, Yetter, King, Cunnien-09
9. 24:12 Hereid, Shogren, Johnson, Connolly-10
10. 24:24 Davis, Grant, Johnson, Jerke-94

### **4x3200 Relay**

1. 53:56 Ahmad, Evenson, Grant, Behun-95
2. 55:47 Behun, Osmundson, Grant, Bull-94
3. 56:31 Grant, Findley, Maaske, Bedell-97
4. 58:23 Murphy,Schmidt,Powell,Dressen-01
5. 58:45 Murphy, Reinholdson, Holmgren, Gray-02
6. 58:57 Moore, Loberg, Crane, Cox-91
7. 59:10 A.Munson, Reinholdson, Beer, Seaman-03
8. 59.34 Osmundson,Behun, Bull, Lucas-93

### **Distance Medley Relay**

1. 13:22.86 Gislason, Brown, Lewis, Olson -16
2. **13:36.52 Gislason, Brown, Lewis, Olson-17**
3. 14:03.86 Olson, Haugen, L. Mickelson, Shepard-15
4. 14:16.5 Pafko, Daleiden, Drouin, Dalzell-05
5. 14:29.94 Vik, C. Johnson, Delong, Hereid-07
6. 14:40 Chubiz, Bender, Delong, Arenas-06
7. 15:00 Langlee, Mahoney, Habermann, Cherney-12
8. 15:01.56 Osterhiem, Heyl, Bongers, Heyda-09
9. 15:06.59 Stratton, Shorgren, Peterson, Anderson-11
10. 15:13.32R. Ederer, B. Neubauer, Monson, Bell-08

### **4x100 Weight Girls Relay**

1. 59.3 Kingman, Burke, Schmitz, Charboneau-04
2. 59.5 Nelson, Erickson, Hobson, A.Pafko-07
3. 59.9 Charboneau,Curtis,Christofferson,Bettman-02
4. 60.0 Nelson, C.Larsen, Leafblad, Burke-06
5. 60.5 Hammer, M.King, Johnston, Wallenbecker-09
6. 61.7 Amundson, Anderson, Busick, Buran-95
7. 61.76 Remme, Oduro, Willis, S. Miller-15
8. 63.59 N. McGrath, Remme, S. Miller, Kingman-14
9. 63.8 Rasmusson, Miller, Garman, Pederson-01
10. 64.4 Muellner, Buran, Scheier, Tryba-97

### **Triple Jump Relay**

1. 95'11" Eggerich, Morgan, A. Miller-12
2. 95'2" S. Seim, Lindsey, Mbanefo-16
3. 94'9" Hawkins, Dimke, Wylie-09
4. 94'1" Lindsey, S. Seim, L. Marciniak-15
5. 93'3" A.Pafko, Suda, Daleiden-06
6. 92'9" A.Pafko, Suda, Zrust-07
7. 91'2" Hawkins, A.Pafko, Lachinski-10  
Eggerich, Shaw, A. Miller-11
8. 90'1.25" Arrowsmith, Halbert, Genin-05
9. 90'.75" Munson, Flavin, Walberg-00
10. 89'11.5" Rekucki, H.Adams, Iverson-95

### **Long Jump Relay**

1. 46'4.5" Lindsey, S. Seim, Mbanefo-16
2. 46'3.5" Nebo, Eggerichs, M. McGrath-14
3. 45'11.5" Murphey, Mosley, Osborne-09
4. 45'10.5" N. Olheiser, Granquist, A. Pafko-05
5. 45' Nebo, Lindsey, L. Marciniak-15
6. 44'7.25" Murphey, Mosley, Shaw-10  
McGrath, Eggerich, Shaw-11
7. 44'2" Lowinske, Skogerboe, Parlin-94
8. 43'5" Murphey, Woods, Zrust-07
9. 43'4.75" N. Olheiser, Arford, Charboneau-04
10. 43'1.25" Nebo, Eggerich, McGrath-12

### **High Jump Relay**

1. 14'10" MBanefo, Aamodt, Trempe-16
2. 14'4" Olsen, Lachinski, Meade-11
3. 14'2" Rogers, Olsen, Zoumanuiwgi-10
- 4. 13'11" Schmidt, Aamodt, Campeau-17**
5. 13'10" Granquist, Huisinga, Massey-08  
Granquist, Nelson, Arrowsmith-05
6. 13'8" Nowak, Walberg, Spelbrink-99, 00
7. 13'6" Oduro, Olsen, Meade-12  
Nowak, Spelbrink, Dokter-98  
Nowak, Frank, Eckerman-97
8. 13'4" Osborne, Walberg, Plath-02  
Huisinga, A. Young, Ebeltoft-09
9. 13'2" Nowak, McDuffie, Spelbrink-98  
Brunik, Buchelt, Bongers-07
10. 13' Frank, Wilcock, Novak-91  
Schnur, Aamodt, Oduro-14

### **Shot Put Relay**

1. 110.9.5" Gillund, Jergensen, Johnston-09
2. 108'.75" Charboneau, Kingman, Kingman-04
3. 108'2" S. Miller, N. McGrath, Oduro-15
4. 106'4" Kingman, Kingman, Erickson-05
5. 99'10" Buran, Tryba, Scheuer-97
6. 99'.25" Erickson, Nelson, Falk-07
7. 97'2.5" Charboneau, Larson, Perovich-02
8. 96'11.75" Leafblad, Erickson, Burke-06
9. 95'8" S. Miller, N. McGrath, Kingman-14
10. 94'8.75" Jergensen, King, Anderson-10

### **Discus Relay**

1. 329'4" Remme, S. Miller, J. Kingman-15
2. 320' Kingman, Kingman, Mistelske-05
3. 319'7" Kingman, Kingman, Laursen-04
4. 305'8" Jergensen, Kytta, Hammer-10
5. 288'4" Kingman, S. Miller, N. McGrath-14
6. 283'9" Erickson, Nelson, Falk-07
7. 282'3" Erickson, Nelson, Downham-06
8. 277'5" Gillund, Jergensen, Johnston-09
9. 275'10" Kytta, Anderson, Schwengler-11
10. 275'5" Buran, Tryba, Scheuer-97

### **Pole Vault Relay**

1. 23' Heiman, Herges, Voltin-02
2. 22'6" Bair, Clifford, Osterheim-10
3. 22' Clifford, Knutson, Hoover-11  
**G. Schnur, Wiege, Daley-17**
4. 21'6" Heiman, Herges, Statz-02
5. 21' Seltz-Drew, Wylie, Osterheim-09  
O'Connor, Strombeck, J.Pafko-06  
O'Connor, Stromback, LeBlanc-07
6. 20' N. Peterson, C. Schnur, M. Cox-15
7. 17' Osterheim, R. Young, Friday-08
8. 15' O'Connor, Peters, Stromback-05
9. 13' Clifford, Ohmann, Dahmus-12



### **Shot Put Relay (4 Person)**

1. 126'2" Stephan, Rasmusson, Garman, Perovich-01
2. 124'8.5" Charboneau, Larson, Vanstrom, Perovich-02
3. 124'.25" Bettman, Larson, Kingmans - X2-03
4. 122'10.5" Stephan, Kay, Veilbig, Perovich-00

### **Discus Relay (4 Person)**

1. 385"2" Eichhorn, Bettman, Larson, Kingman-03
2. 362'6" Stephan, Pederson, Perovich, Miller-01
3. 333'9" Stephan, Pederson, Rasmusson, Vielbig-00
4. 306'8 Eichhorn, Christofferson, Perovich, Miller-02
5. 245'4" Buran, Eckmann, Busick, Anderson-95

### **Triple Jump Relay (4 Person)**

1. 122'8.5" Flavin, Duggan, Bull, Ouellette-03
2. 118'6" Holmgren, Charboneau, Duggan, Bull-02
3. 118' Holmgren Charboneau, Walberg, Flavin-01
4. 116'10" Munson, Bull, Falvin, Larsen-00

### **Long Jump Relay (4 person)**

1. 78'4" Charboneau, Flavin, Holmgren, Walberg-01
2. 57'6.25" Olheiser, Bull, Duggan, Arrowsmith-03
3. 57'2.75" Charboneau, Gray, Walberg, Bull-02
4. 56'5.75" Munson, Flavin, Walskog, Walberg-00
5. 52' Charboneau, Flavin, Holmgren, Walberg-01

### **High Jump Relay (4 Person)**

1. 18'2" Nowak, Schmitz, Truchon, Walberg-00
2. 17'10 Anderson, Osborne, Walberg, Plath-02
3. 17'4" H.Olheiser, Nelson, Statz, Greseth-03

### **3 x 300 Hurdle Relay**

1. 2:38.8 Lowinske, Aune, Rawski-97
2. 2:39.87 Escanelles, Rawski, Truchon-98
3. 2:41.87 Spelbrink, Gunderson, Spence-00
4. 2:48.4 Gunderson, Spence, Walskog-01
5. 3:00.9 Malmberg, Park, M. Johnson-93
6. 3:45.42 Weidenhamer, Gunderson, Spelbrink-99

### **8 x 200 Relay**

- |            |      |            |      |
|------------|------|------------|------|
| 1. 3:53    | 2003 | 6. 4:15.7  | 1991 |
| 2. 3:59.32 | 2002 | 7. 4:16.16 | 2000 |
| 3. 4:06.59 | 1995 | 8. 4:20.3  | 1992 |
| 4. 4:07.74 | 2001 | 9. 4:41    | 1993 |

Updated 4/15