

BASKETBALL RULES



LEAGUE COMMUNICATIONS

Voice Mail Standings, Weather Cancellations, and reporting scores:
Call 763-506-7840 and follow the prompts

View Schedules and standings on the internet at: www.ahschools.us/domain/435

1) LEAGUE PHILOSOPHY

The Anoka-Hennepin Community Education Department offers basketball leagues for the health and enjoyment of school district residents. The department may administer any actions to maintain the integrity of the league and the enjoyment of the sport.

2) MANAGER'S DUTIES

- A. Make sure you have a full team or the minimum number of players needed to play your game.
- B. You, the manager, must handle any dispute. Do not let one of your players face ejection by arguing a call.
- C. You are responsible for taking charge of your team's and your spectator's conduct. Abusive language, improper drinking, litter and other irresponsible acts will not be tolerated.
- D. Any schedule information, changes or other league information will be sent to you. Make sure we have your current address and email for the current season and next year. It is your responsibility to pass the information to your players.
- E. Know the rules. Tell your players the rules. This will help the game run smoothly and help your team concentrate on playing.

3) PLAYER INFORMATION/BEHAVIOR

- A. **Sportsmanship and fair play** will be the hallmark of all adult athletic leagues. This basketball league is organized as a recreational and fun league. Players not following the league rules will be warned once. If continued, players or teams will be dropped from the league.
- B. **Player Eligibility:**
 - 1) A person must be at least 18 years of age.
 - 2) All players must comply with the eligibility requirements of a specific league as described in the printed information about the different league options.
 - 3) Current Varsity Athletes (High School and College) might be ineligible for these leagues. Check with your Athletic Director at your school so that you don't jeopardize your Varsity Eligibility.
- C. **Team Rosters & Number of players** - Teams should be composed of a minimum of five players. All teams may roster up to 12 players. Only 5 players may play on the court at any one time. Teams may start and finish a game with 4 players. The 5th player may be added when they arrive. Teams can add or subtract players to their roster through the 3rd game of the season. All players must be listed on the roster and have read the waiver and conduct form before they are allowed to play.
- D. **Special Pick-up Player Rule** – If a team is short players at forfeit time, their opponent has the option of accepting a forfeit victory or playing an official game by allowing the other team to pick up players (to bring them to 5, with no subs). If the forfeiting teams own players show up late, they can be inserted into the game, but then the pick up players must completely stop playing in this game.
- E. **Player & Team Behavior** – Unsportsmanlike behavior will not be tolerated. Each team member is responsible for his or her conduct. **Respect yourself and others**. The Anoka-Hennepin Community Education Department has the authority to suspend a player(s) or team for an indefinite period of time should circumstances warrant it to maintain the philosophy and objectives of the program.
- F. **Alcoholic Beverages** - Alcoholic Beverages are not permitted on school property. If alcoholic beverages are consumed on school property (including parking lots), players and/or teams will be dropped from the league.
- G. **No Smoking** – Smoking is not allowed on school property, including the parking lots.
- H. **Ejection's** - Anoka-Hennepin Community Education Athletics Department offers recreational sports leagues. Unsportsmanlike conduct will not be accepted. Any player ejected from a game will automatically be suspended from **at least the next 2 scheduled** games. Suspensions can be longer depending on the nature of the infractions. Refusal to give the proper information upon ejection will result in a forfeit and may result in a team suspension from the league.
- I. **The referees will not tolerate verbal Abuse.** No player shall use foul or abusive language toward the referees or in the gym. Ejection from game for players involved; if continued will result in immediate game forfeiture.
- J. **REFEREES:** The referees are from Hammer Sports. They are totally responsible for maintaining control of the game. At no time may a player ever touch or threaten a referee, scorekeeper, or school employee. Violation of this will result in the player automatically being suspended from the league.

CONTACT: Anoka-Hennepin CE-Athletics - Marvin Johnson Jr. - 763-506-1267
Marvin.Johnson@ahschools.us

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- K. **Building Behavior** - Players must be courteous and conscientious users of the school facilities, and must obey the school building policies. The use of the school gyms is a privilege granted to you, not a right. If you don't behave in the schools our gym space will be taken away and given to another group looking for extra gym time. **Players may not bring children with them to games. The intent of the league is to provide adults with a (childfree) evening of recreation. Please adhere to this policy.** (Note – this is because while you are playing the children are unsupervised which could lead to problems). Facilities must be returned to the condition they were in before your use.
- L. **Protests** –
- 1) Rules - Protests of a rule interpretation must be submitted in writing with a \$25 cash deposit within two working days of the completion of the game in question. The team manager must notify the official during the game that the contest is being played under protest. Judgment calls cannot be protested.
 - 2) Eligibility – Managers can initiate an eligibility protest with a referee before or during a game, but not after. A \$25 cash payment is due at the time of the protest. If player is found to be ineligible, the money will be refunded.
- M. **In case of inclement weather**, listen for any school cancellations on WCCO or check www.ahschools.us. If school is cancelled all evening activities are also cancelled. If a storm hits during the day, cancellation of evening activities could be announced over WCCO radio. Teams may also call our adult athletics weather cancellation phone number at **763-506-7840** to see if there is a cancellation message, if not, you are expected to show up for your scheduled game.
- N. **Standings** - Can be seen on the web site: www.ahschools.us/domain/435 or can be heard on the standings hotline number – 763-506-7840.
- For teams tied in the standings the following tiebreaker system will be used:
- 1) Results of head to head games
 - 2) Total point differential of head to head games
 - 3) Total points scored for the entire season.
- O. Players may not play or be a roster of two teams on the same night.

4) LEAGUE RULES & INFORMATION

- A. These leagues are sanctioned with the Minnesota Sports Federation (MSF) and the Minnesota Recreation and Parks Association (MRPA). The current MRPA Basketball State Rules shall govern any situation not identified by league rules. Whenever there is a conflict between league and Federation rules, the league rules will supersede.
- B. **Team Shirts** – All teams must wear shirts of like or identical color and all shirts shall have a six-inch or larger number on one or both sides of the shirt. Numbers may be hand lettered if necessary. Players may not have identical numbers. Players without proper colored and numbered shirts will be assessed technical fouls (one for each player) at the start of the game. They may, however, play the game wearing the improper shirt.
- C. **Game Times** vary depending on night and facility – make sure to check your schedules carefully.
- 1) Games will be played using **two – 20 minute running time halves**. Stop time will be used only during the last one minute of the first half, the last two minutes of the second half, **and at all time-outs**. There will be no stop time if one team is leading by **20 points or more**.
 - 2) Overtime – If teams are tied after regulation a two-minute stopped time period will be played. Also no time outs will be allowed. **(Note if tied after this Overtime, the game will finish as a tie).**
- D. **Time Outs** – Teams are allowed two (30 second) time outs per half (they don't carry over if not used), **the clock will stop on all time-outs**.
- E. **Fouls** – Teams are allowed five fouls per player (note technical fouls will also count as a personal foul). One-and-Ones will be shot on the team's 7th foul of the half. Two shots will be shot on the teams 10th foul of the half. If a player fouls out and there are no subs, they may remain in the game as a non-scoring player and any **subsequent fouls they commit will be an automatic two point penalty (plus opponents will retain possession of the ball)**. Any baskets he makes will not be counted, but his team will retain possession of the ball. This player may, however, shoot foul shots should he be fouled which results in him shooting foul shots. **A player with 5 fouls MUST come out if there are eligible subs on the team's bench. (Note: if a player receives 2 technical fouls for unsportsmanlike behavior they must leave the gym immediately before game is allowed to continue. This player is not allowed to play even if your team has no subs)**
- F. **Technical Fouls** – If a player receives a technical foul the other team will automatically get two (2) points, plus will get possession of the ball. (Note – Free Throws will not be shot, instead 2 points will automatically be awarded)
- G. **Jump Balls** – There will be no jump balls except for the opening tip and all overtime periods. All other jump balls situations will be

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- H. **NO DUNKING OR HANGING ON THE RIMS ALLOWED!!** Players are not allowed to dunk the ball or hang on the rims before, during or after a game. Players dunking a ball or hanging on the rim at anytime will be assessed 2 technical fouls (your opponents will be awarded 4 points) and will be automatically ejected from the game. Also the player will be assessed a 2 game suspension.
- I. **Each team should bring its own basketballs to use.** Captains will then pick the best ball to use during the game.
- J. **No smoking or consumption of alcohol on school property.** Players may NOT bring any food or drink into the schools.
- K. Basketball or court shoes must be worn at all times. No bare feet or color-soled shoes that leave marks are allowed.
- L. Each player must be on the roster and have read the conduct and waiver form. The roster, conduct and waiver form MUST be turned in by the second week of the season.
- M. **Forfeit Penalty-** if you cannot field a team on a given night, you must notify the league director and the opposing manager by 3:30 PM on the day of the game. Teams forfeiting a game without advance warning to their opponent (and League director) will be subject to the following penalties since the league does not feel it is fair to inconvenience an entire team for showing up for a forfeited game. (Note you can play with 4 players).
 - 1st Occurrence – You must pay a \$25.00 forfeit fee before your next scheduled game.
 - 2nd Occurrence – You will be dropped from the league with no refund.
- N. **FORFEIT POLICY** - A team must have 4 or 5 players to start a game. There will be a 5 - minute grace period for the first game of the night, but game time will be forfeit time for all the other scheduled games that night.
- O. **League Awards** – Individual awards will be given to league champs and playoff champs (T-shirts)
- P. **State Tournament Option** – Teams interested in advancing to the Minnesota Sports Federation's (MSF) or Minnesota Recreation and Parks Association's (MRPA) State Tournaments must put down the entire tournament entry fee. More specific information concerning the tournament dates, and locations is listed below.

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Postseason (State) Tournament Deposit Procedure

The following procedure MUST be followed by ANY AND ALL teams interested in participating in any postseason tournaments offered either by Minnesota Sports Federation (MSF) or Minnesota Recreation and Parks Association (MRPA)

- A. Teams interested in participating in post-season tournament must submit cash or a check (for the amount listed on the back) to the Anoka-Hennepin Community Education Athletics Department **by January 31**. [Note MSF and MRPA tournaments costs are listed on the back of this sheet along side each tournament offered.]
 - B. These checks will be deposited (cash deposited) by Anoka-Hennepin Community Education Athletics Department upon receipt. The League (Division) Champions (or League/Division Representative) will have their money refunded after participation in the post-season tournament.
- 4) If the league (division) champion doesn't submit their post-season tournament deposit, and other teams from the same league (division) have submitted a deposit by the deadline, than the team with the best record at the end of league play will be reimbursed after participating in their post-season tournament.
 - 5) In leagues or divisions with more than one classification only one paid berth will also be given for these teams. (To either the league/division champ or the next highest finisher who paid the deposit).
 - 6) Additional berths will be requested for the leagues in which we receive more than one deposit check.
 - 7) Refunds will be issued to teams for which we are not able to secure berths.
 - 8) Refunds will not be given to teams that choose not to participate in post-season play after they have submitted their deposit check prior to the deadline.
 - 9) Teams who commit to playing in a post-season tournament, and do not show up, will not be allowed to represent Anoka-Hennepin Community Education in any following years.

IMPORTANT NOTE:

The checks submitted indicate to us the number of berths we should accept or secure for post-season tournaments. Therefore, if you submit a check (or cash), it is your financial commitment to play in the post-season tournament.

Call Marv Johnson Jr, at 763-506-1267, after February 15th to find out if your team will receive a berth to the post-season Tournament or if you have any question pertaining to the deposits you have made.

Minnesota Sports Federation (MSF) Tournaments – Basketball		Minnesota Recreation and Parks Assoc (MRPA) Tournaments – Basketball	
Men's State Class B/C/D Fee is \$200	March 17-18, 2018 at Monticello High School	Men's State Class AA/A/B/C/D - Fee is \$200	March 24-25, 2018 at Minnetonka Lindbergh Center