

VOLLEYBALL INFO

Discover
Community
Education

Anoka-Hennepin Schools



1. Players may not bring children with them to the games. The intent of the league is to provide adults with a (child free evening of recreation). Please adhere to this policy. (Note – this is a policy because while you are playing the children are unsupervised which could lead to problems).
2. **Intermediate and Fun league teams only: Winning Teams MUST call in match results to** the Community Education Athletics Department, at 763-506-1267, on the next business day after the game. Otherwise teams can report the scores on the voice mail hotline number at 763-506-7840 (this is available 24 hours a day – follow the recorded directions and leave the match results, 4-0, 3-1 or 2-2). (Note Dial 5 to bypass message)
3. **The first and last teams to play are responsible for putting up and taking down the nets.** If teams don't help with the net set up and take down there could be consequences such as forfeiting of matches or expulsion from the league. See the schools building supervisor if there are equipment problems.
4. Teams may start and finish with 4 players. (In co-rec must have at least 2 women on the court at all times and teams can't play with more than 3 males on the court at any one time)
5. **BUILDING BEHAVIOUR** – All Players must be courteous and conscientious users of the school facilities, and must obey the school building policies. Each school should have a building supervisor on duty and all players must follow their instructions. The use of the school gyms is a privilege granted to you, not a right. If you don't behave in the schools our gym space will be taken away from us.
6. Time Limits – Teams are allowed 5 minutes of warm up time. Matches are on a 1-hour time limit.
7. In case of inclement weather, listen for any school cancellations on WCCO radio or go to www.ahschools.us. If school is cancelled, all evening activities are also cancelled. If a storm hits during the day, cancellation of evening activities will be announced over WCCO radio. Teams may also call our adult athletics weather cancellation hot line. Call 763-506-7840 to see if there is a cancellation message, if not, teams are expected to show up for their scheduled matches.
8. No smoking or consumption of alcohol is allowed on all school property. Players may not bring any food or drinks into the schools.
9. Tennis shoes must be worn. No bare feet or shoes with a colored sole that leaves marks is allowed.
10. Special Serving Rules: Women's Fun – No overhand serving allowed (unless both teams agree to overhand); Men's & Women's Intermediate, Co-Rec Intermediate, and Co-Rec Power – Overhand serving is allowed;
11. Serves cannot be blocked, but a player is allowed to set a serve.
12. Forfeit time is 15 minutes after the schedule match time. (See league rules for more specifics on this rule)
13. Standings can be heard on the voice mail hotline number that is listed on the top of your match schedule, or on the web page listed on your schedule
14. Teams **Must supply** their own volleyballs.

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Voluntary Waiver of Liability Agreement

(This Roster Affects Your Legal Rights, Read Carefully Before Signing)

Statement of Manager/Coach

I verify that each player listed is eligible according to league rules to play in the Anoka-Hennepin Community Education Athletic Department's Adult Athletic Leagues, and that each player individually has read and understands the waiver agreement.

All players who wish to participate in the Anoka-Hennepin Community Education Athletic Department's Adult Athletic Leagues state and affirm that:

- My participation is voluntary. No one is forcing me to participate
- I acknowledge the Activity is NOT an ESSENTIAL service provided by the Anoka-Hennepin Community Education Athletic Department.
- I understand and acknowledge the activity I am about to voluntarily engage in as a participant has certain risks. I understand these risks known or unknown, anticipated or unanticipated may result in injury, death, illness, disease or damage to myself or my property, or to other persons and their property.
- In consideration of being allowed to participate in this activity, I hereby personally assume all risks in connection with this activity and I hereby agree to hold the Cities, and Anoka-Hennepin ISD#11, its officials, employees, agents and contractors harmless and I waive any right to make claims or bring lawsuits against the Cities, and AH ISD#11 or anyone working on their behalf for any injuries or damages related to the alleged negligence of the Cities or AH ISD#11.
- This waiver does not apply to any injuries or damages that are the result of any willful, wanton, or intentional misconduct by the Cities or AH ISD#11 or anyone acting on behalf of the Cities or AH ISD#11.

Players Code of Conduct

- Enjoy your time on the athletic playing field, remember to have fun while you are playing this recreational game.
- Profanity at the game sites is not permitted. Profanity is sufficient grounds for expulsion from the field.
- The official's authority at a game shall not be questioned. The officials are instructed to enforce all rules set up by the league.
- At no time shall any person lay a hand on, shove, strike, use abusive language or threaten bodily harm to an official, league director, or employees of the host cities or Anoka-Hennepin school district.
- At no time shall any person participate or start a fight while participating in an Anoka-Hennepin Athletic Department League or Contest.
- Any Person ejected from an athletic contest, for any reason, must sit out at least the next scheduled contest, and the team and/or player is subject to losing their participation privileges in the Anoka-Hennepin Program.
- Alcoholic beverages are not permitted in the City Park Facilities. Players are strongly encouraged to meet at a local establishment to socialize either before or after their games.
- Teams and players are responsible for picking up the garbage in and around their team benches. If there is a problem with excessive garbage, the teams scheduled at that particular field could be fined. Please use the trashcans provided at each field.
- Anoka-Hennepin Community Education Athletics Department and the Cities within the school district, does not carry or offer any medical insurance; therefore, players should have their own insurance coverage

