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# YOUNG AMERICANS SCHOOLS OF SELF-DEFENSE

*A Minnesota Non-Profit Corporation dedicated to child victim prevention*

**\*\*\* Presents: Youth Self-Defense and Safety Awareness Classes\*\*\***



Our self-defense class empowers and teaches youths ages 4 and older non-violent self-defense techniques and the physical, verbal, and psychological tools necessary to protect themselves from harm. Our certified Black Belt instructors are highly skilled in helping students recognize potentially threatening situations and utilizing interventions that will keep them safe. New students in the program will earn the Yellow Belt at the conclusion of the 12-week session, and ranking students work on the attainment of advanced belts.

**Registration Day: Wed, June 4<sup>th</sup>, 2025 from 5:30-7:00p.m**

- Held at: Ice Forum at Champlin, 12165 Ensign Ave, Champlin, MN
- There is a \$5 fee to register for this class.
- The weekly class fee is \$9.
- Classes are every Wednesday for 10 weeks.
- Master Jeff Wood is the head instructor of this class



Our first class is Wednesday, June 11th, 5:15-6:00 p.m. (beginners), & 6:15-7:00 p.m. (intermediate and advanced students).

For more info please call **952.997.7732** and please **"LIKE"** us on Facebook at Young AMERICANS KARATE and come visit us at [www.youngamericans-mn.com](http://www.youngamericans-mn.com).

