

Brunch/Cold Lunch Menus Summer 2023

Brunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Stick (1 oz) Yogurt Cup (4 oz) Cereal Bowl (1 oz) Graham Snack or Crackers (1 bag) Juice (4 oz) Fruit (½ cup) Milk (8 oz)	Strawberry Bagel (1 each) Cheese Stick (1 oz) Sunflower seeds (1 bag) Juice (4 oz) Fruit (½ cup) Milk (8 oz)	Cheese Stick (1 oz) Yogurt Cup (4 oz) Muffin (2 oz) Graham Snack or Crackers (1 bag) Juice (4 oz) Fruit (½ cup) Milk (8 oz)	Mini Cinni (1 each) Sunflower seeds (1 bag) Cheese Stick (1 oz) Juice (4 oz) Fruit (½ cup) Milk (8 oz)	PBJ Uncrustable (2.8 oz) Cheese Stick (1 oz) Graham Snack or Crackers (1 bag) Juice (4 oz) Fruit (½ cup) Milk (8 oz)

Milk Options - skim white, 1% white, or fat-free chocolate (8 oz.)

Cold Lunch/Field Trip Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey & Cheese Sandwich (1 each) Baked Chips Mayo packet Fresh Vegetables (½ cup) Ranch packet Fruit (½ cup) Milk (8 oz)	Combo Sandwich (1 each) Baked Chips Mayo packet Fresh Vegetables (½ cup) Ranch packet Fruit (½ cup) Milk (8 oz)	Turkey Ham & Cheese Sandwich (1 each) Baked Chips Mayo packet Fresh Vegetables (½ cup) Ranch packet Fruit (½ cup) Milk (8 oz)	Turkey & Cheese Sandwich (1 each) Baked Chips Mayo packet Fresh Vegetables (½ cup) Ranch packet Fruit (½ cup) Milk (8 oz)	Turkey Ham & Cheese Sandwich (1 each) Baked Chips Mayo packet Fresh Vegetables (½ cup) Ranch packet Fruit (½ cup) Milk (8 oz)

Menus subject to change.

This institution is an equal opportunity provider.