

Student Ala Carte Items List 22-23

REV 9/27/22

All items may not be available at all sites.

Description	Brand	Manufacturer UPC Code	Portion Size	22-23 Selling Price	Purchase From?	Grade Level
Lunch entrée offered to students, such as large (approx 5 oz) PBJ, hot & cold sandwiches, pizza, breakfast pizza lunch serving, entrée salads, pasta dishes, etc.				\$2.75	NA	Any on the day it is menued
Applesauce cup	MOTTS	21136	4 OZ	\$0.75	SYSCO	Any
Applesauce cup strawberry	MOTTS	10002293	4 OZ	\$0.75	SYSCO	Any
Beef jerky, original reduced sodium	JACKS LINKS	10000007721	.85 oz	\$2.25	SYSCO	HS Only
Muffin, apple, blueberry, choc chip	MUFNTWN		2 oz	\$0.75	SYSCO	Any
Breadstick, whole grain	MARZETTI		1.9 oz	\$0.50	SYSCO	Any
Breakfast bar, whole grain, apple or strawberry	KELLOGG	3800059779 3800059772	1.55OZ	\$1.00	SYSCO	Any
Breakfast entrée offered to students, such as small PBJ, breakfast sandwich, breakfast pizza breakfast portion, french toast sticks, mini pancakes, breakfast burrito, pancake on a stick, etc.				\$1.75	NA	Any on the day it is menued
Cereals, 1 oz bowl pak	POST/ GENERAL MILLS	42400-27164 42400- 27597 42400-03915 42400-04515 84912- 34523 38387000 16000-32262	1 OZ	\$0.50	SYSCO	Any
Cereals, 2 oz bowl	POST/ GENERAL MILLS	16000-14885 16000- 14886 16000-14884 16000-14882 16000- 14883	2 OZ	\$1.00	SYSCO	HS Only
Cheese stick, string, cheddar, marble	LAND O' LAKES	59701	1 OZ	\$0.75	SYSCO	Any
Chip potato baked bbq, cheddar sour cream, sea salt, sour cream onion	LAYS	32078 56882 33625 33647	.875OZ	\$1.00	SYSCO	Secondary
Chips, tortilla, cool ranch, nacho cheese, spicy sweet chili	DORITOS	36096 31748 49093	1 OZ	\$1.00	SYSCO	Secondary
Cinnamon biscuit	PILLSBURY	132271000	22 OZ	\$0.50	NA	Any
Cinnamon roll	GENMILLS	94562-11111	2.7 OZ	\$0.50	NA	Any
Cookie, whole grain, various flavors, baked at school	BUENA	78015	1.5 OZ	\$1.00	SYSCO	Secondary
Cookie, rich's confetti	RICHS	8202	1.7 OZ	\$1.00	SYSCO	Secondary
Cookie, rich's chocolate chip	RICHS	19402	1.7 OZ	\$1.00	SYSCO	Secondary
Cookie, rich's triple chocolate	RICHS	3593	1.7 OZ	\$1.00	SYSCO	Secondary
Crackers, cheezits whole grain	SUNSHINE	2098269	.75 OZ	\$1.00	SYSCO	Secondary
Crackers, graham cinnamon goldfish giant	PEPFARM	26830	.9 OZ	\$0.50	SYSCO	Any
Crackers, whole grain, animal, tiger bites graham, cinnamon bug bites, scooby cinn stick	KEEBLER NABISCO	20150 3010040221 55644 50689	1 OZ	\$0.50	SYSCO	Any
Crackers, whole grain, goldfish, cheddar	PEPFARM	18105	.75 OZ	\$0.50	SYSCO	Any
Cranberries, dried strawberry craisins	OCNSPRY	23445	1.16OZ	\$0.50	SYSCO	Any

Student Ala Carte Items List 22-23

REV 9/27/22

All items may not be available at all sites.

Description	Brand	Manufacturer UPC Code	Portion Size	22-23 Selling Price	Purchase From?	Grade Level
Drink, gatorade zero, glacier freeze, fruit punch, blue, cherry, orange, grape	GATRADE	glacier frz 04354 fruit punch 044260 blue 047063 cherry 042143 orange 043188 grape 044277	20 OZ	\$2.00	SYSCO	HS Only
Froot juice	LINDYS	strawberry 815294000298, tangerine 815294000250, cherry moji 815294000459		\$0.50	SYSCO	Any
Fruit bar, frozen strawberry banana & milk	JONNY P	1190150	45 ML	\$1.00	SYSCO	Any
Fruit, fresh or canned, from daily menu when purchased separately from a full meal	Various		1/2 cup	\$0.50	NA	Any
Granola bar, smores	ZEEZEES	B60485	1.3 OZ	\$1.00	SYSCO	Any
Ice cream sandwich, vanilla	BLURBCL	10070640014450	3 oz	\$1.00	SYSCO	Secondary
Juice 100% apple, grape, orange, fruit punch	CTRS SN		4 OZ	\$0.50	SYSCO	Any
Juice 100% plastic bottle, apple, orange	TROPICANA	apple 75717 orange 75715	10 OZ	\$1.50	SYSCO	Secondary
Juice 100%, 6.75 oz box, apple, very berry, fruit punch, orange tangerine	APPLE & EVE	apple 84526 very berry 84527 fruit punch 84528 orange tangerine 84523	6.75 OZ	\$0.75	SYSCO	Any
Juice 100%, cans, sparkling, apple, clementine, blackberry	IZZE	apple 01507 clementine 01505 blackberry 01502	8.4 oz	\$1.25	SYSCO	Secondary
Mac & cheese only, 2/3 cup serving, no sides	LAND O' LAKES			\$1.50	SYSCO	Secondary
Milk soy vanilla organic	KIKOMAN	6141	8 OZ	\$1.00	SYSCO	Any
Milk, lactaid			8 OZ	\$0.75	AGROPUR	Any
Potato from daily menu when purchased separately from a full meal	Various		1/2 cup	\$0.50	SYSCO	Any
Powder, propel and gatorade packets	PROPEL/ GATORADE		.84 OZ	\$1.00	SYSCO	HS Only
Pretzels, twist	ROLGOLD	15940	.7 OZ	\$1.00	SYSCO	Any
Raisins	AZAR	7225510	1.3 OZ	\$0.75	SYSCO	Any
Rice or pasta from daily menu when purchased separately from full meal			1/2 cup	\$0.50	NA	Any
Salad protein portion cup, 1 meat equivalent, when purchased separately from a full meal	Various			\$0.75	SYSCO	Any
Snack bar, cereal rice krispies whole grain chocolate	KELLOGG	3800091612	1.34OZ	\$1.00	SYSCO	Any
Snack bar, cereal rice krispies whole grain, regular	KELLOGG	3800011052	1.41 oz	\$1.00	SYSCO	Any
Snack cheese flamin hot baked whole grain	CHEETOS	62984	.875OZ	\$1.00	SYSCO	Secondary
Snack puff cheddar white	PIRBOTY	81662407	.75 OZ	\$1.00	SYSCO	Secondary
Strawberries, frozen cup			4.4 oz	\$0.75	SYSCO	Any
Sunflower seeds, honey roasted ind package, 1.2 oz	DAKOTA GOURMET	1231780	1.2 oz	\$0.75	SYSCO	Any
Sushi, california or spicy crab	MOJI	california 35823 spicy crab 35824	8 PCE	\$5.00	SYSCO	HS Only
Tea, bottle, mango, peach, raspberry	SNAPPLE		16 oz	\$2.00	SYSCO	HS Only
Vegetable, hot or cold, from daily menu when purchased separately from a full meal	Various		1/2 cup	\$0.50	NA	Any
Vitamin water zero, shine (strawberry lemonade), squeezed (lemonade),rise (orange)	GLACEAU		20 oz	\$2.50	SYSCO	HS Only

Student Ala Carte Items List 22-23

REV 9/27/22

All items may not be available at all sites.						
Description	Brand	Manufacturer UPC Code	Portion Size	22-23 Selling Price	Purchase From?	Grade Level
Water flavored, kiwi strawberry, berry	PROPEL	kiwi strawberry 00171 berry 00169	16.9 oz	\$1.25	SYSCO	HS Only
Water spring	NATCRYS	580485	10 OZ	\$0.75	SYSCO	Any
Water spring	NATCRYS	500665	16.9OZ	\$1.00	SYSCO	Any
Water, sparkling, bottle, cherry limeade, kiwi strawberry, lemonade, strawberry lemonade	SPARKLING ICE	strawberry lemonade FG00061 cherry limeade 95086 lemonade 16571940409 kiwi strawberry 16571245757	17 OZ	\$1.50	SYSCO	HS Only
Yogurt frozen, dreamy orange	MIXMI	3702	3 OZ	\$1.00	SYSCO	Any
Yogurt lowfat, assorted flavors	YOPLAIT/ UPSTATE	strawberry 10078800112893 vanilla 9822 strawberry banana 17726000	4 OZ	\$0.75	SYSCO	Any
Yogurt parfait, includes 1/2 cup yogurt, 1/2 cup fruit, and 1 oz granola portion				\$1.50	NA	Any