COVID-19
Illness and Quarantine Guidelines

PERSON A →

Any person who has tested for or having symptoms of COVID-19

☑ **Notify Health Service**

With symptoms:
Isolation until the following requirements are met:

10 days since symptoms first appeared **AND**
24 hours with no fever with no fever reducing medication AND symptoms are improving.

Without symptoms:
Isolation for 10 days from test date as long as no symptoms develop.

Monitor self for symptoms twice per day.

Definitions:

Isolation *separates infected people from those who are not sick.*

Quarantine *separates those who have been exposed to an infectious person.*

Close contact *is anyone who has been within 6' for more than 15 minutes while another was contagious.*

PERSON B →

Any person with close contact to Person A and living in the same household

☑ **Notify Health Service**

Quarantine for 14 days from last close contact

Two weeks after Covid-19 vaccination series is complete and up to 90 days from last dose - no quarantine is required if the person has no Covid-19 symptoms.

PERSON B2 →

Any person with close contact to positive not living in the same household

☑ **Notify Health Service**

No symptoms:
   Quarantine immediately. 14 days is the safest option.

1. Quarantine for 14 days after last close contact of less than 6' for more than 15 minutes at a time or if someone in your household has Covid-19.
2. Quarantine for 10 days
   • You do not have symptoms
   • You have not tested postive for Covid-19
   • No one in the household has tested positive for Covid-19
3. A shorten quarantine to 7 days to be considered when documentation is provided by your provider.
4. Two weeks after Covid-19 vaccination series is completed and up to 90 days from last dose no quarantine is required if the person has no COVID-19 symptoms.

PERSON C

Any person without close contact to person A or any person with close contact to untested person A and not in the same household

No quarantine required

Continue normal daily monitoring for symptoms.

If Person B develops symptoms within 48 hours before contact with Person C, or tests positive, contact Health Service with questions.

ANOKA-HENNEPIN
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