

# Illness and Quarantine Guidelines

## PERSON A →

Any person who has tested for or having symptoms of COVID-19

**Notify Health Service**

### With symptoms:

*Isolation until the following requirements are met:*

- Evaluation from medical provider  
or
- 10 days since symptoms first appeared **AND** 24 hours with no fever **AND** symptoms are improving  
or
- Negative molecular test

### Without symptoms:

*Isolation for 10 days from positive test date as long as no symptoms develop.*

## PERSON B →

Any person living in the same household as Person A

**Notify Health Service**

**Quarantine for 14 days from last close contact**

### Exceptions to Quarantine include:

- Two weeks after Covid-19 vaccination series is complete and no symptoms  
or
- Up to 90 days from positive test and no symptoms.

## PERSON C

Any person without close contact to person A

**No Quarantine required.**

### Definitions:

**Isolation** separates infected people from those who are not sick.

**Quarantine** separates those who have been exposed to an infectious person.